



# BLACK MATERNAL HEALTH WEEK 2023 RECAP



**our  
bodies  
belong  
to us.**

CALIFORNIA BLACK WOMEN'S  
HEALTH PROJECT Connect with us!  
Social media: @cabwhp  
Website: cabwhp.org

**We  
deserve  
joy.**

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HEALTH PROJECT  
@cabwhp

2023 marked the 6th annual BMHW, which was held from April 11-17, 2023! In order to uplift Black women and their families, we at California Black Women's Health Project joined forces with Black Mamas Matter Alliance to center Black women's scholarship, maternity care work, and advocacy across the full-spectrum of sexual, maternal and reproductive health care, services, programs and initiatives.

[Learn more about BMHW](#)



**Uplift & celebrate  
BLACK autonomy  
& joy.**



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## WE CELEBRATED WITH EVENTS THROUGHOUT THE WEEK

We talked with and heard from our communities about the continuation of Black maternal health disparities and injustices.

We discussed the importance of Black birthworkers, who are on the frontline in supporting Black maternal and infant health and the lifeblood for creating positive birth outcomes for Black mamas, babies, and families.



**Saturday, April 15th @ 1:30pm**

**Kaiser Permanente Baldwin Hills Crenshaw Medical Offices Conference Center**

You are invited to connect with Midwives, OB-GYN's, Doulas, Nurses, Advocates, and other Black birth stakeholders as we celebrate each other and our commitment to joyous births for Black families.

**Enjoy food, music, and fellowship. Invite & RSVP Only.**







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Our BMHW digital campaign uplifted the work and impact of our birthworkers.

Our birthing  
journeys are  
sacred.



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Natalie, a CABWHP team member, shares how birthworkers & community supported her birthing experience.

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[View Natalie's story](#)



Many of us lack support systems in all areas of our lives. Having the right support system changes experiences not just in the physical form but also mentally, emotionally and spiritually.

[Birthwork] provides ease, support, compassion, patience, resources, education and joy.



- I'cha

Doula serving the QTBIPOC  
Community Outreach Director for Riverside Pride

